# January 1985

NEW YORK CYCLE CLUB

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JANUARY 1985





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P.O. BOX 877, BROOKLYN, NY 11202



#### GUIDELINES FOR CLUB RIDES

NYCC rides are intended to be friendly group rides; we don't like to "drop" or lose anyone. Riders whose physical or bicycle condition seem insdequate for the ride are to be turned back by the leader. Our leaders are truly reluctant to do this, so please cooperate with them:

- 1) Select rides within your capabilities avoid downgrading the ride for your fellow riders and stressing yourself "trying to keep up" or, conversely, demanding a faster pace than advertised.
- Be on time or a bit early. Rides will leave promptly.
   Have your bike in good condition: both brakes working, properly inflated tires, adjusted derailleurs, no loose parts.
- Bring water, snacks, spare tube, patch kit, pump and lights for after dark.
- 5) Eat a good breakfast.

#### RIDE AND RIDER CLASSIFICATION Riding Pace Ride/Riders 17+ mph Anything goes. Eat up roads, hills and all. "A+" ANTHALS "A" SPORTS(WO)MEN Vigorous riding over hill and dale. High regard for good riding style. Can take care 14-17 mph of themselves anywhere. Stop every two hours or so. Moderate to brisk riding along scenic roads, including hills; destination not so 11-14 mph "B" TOURISTS important. Stop every hour or two. SICHTSKERS Leisurely to moderate riding. Destination oriented: nature, historical, cultural. Stop 8-11 mph every half to one hour. Very leisurely sightseeing. Discovering bike and their bodies; training up to "C." to 8 mph BEGINNERS Frequent stopping and regrouping. Do not believe reports of mere mortals riding 100 miles or more in a day.

Any member may lead a ride. See the respective Ride Coordinator to submit a Ride Listing form. Ride Coordinators' names and telephone numbers are listed on the cover of the Bulletin.

Central Park Boathouse phone numbers are: 650-9521, 744-9813, 744-9814.

PIDE LISTINGS -- Compiled by Maxim Vickers, V.P. Rides.

Tue Jan 1 A-/B+ 45 mi. 10.00 am	THIRD ANNUAL, NEW YEAR'S DAY GET OFF YOUR DONKEY RIDE Leader: Ed Schweber (212-567-2661). Hey Gang - It's 1985! And how many miles did you say you were going to ride this year? Well, you won't do it by sitting on your donkey. Meet at 10.00 AM at the Central Park Boathouse for a ride to the Flagship Diner in White Plains. Rain or subfreezing temp at 9.00 AM will cancel ride.
Sat Jan 5 A- 50 mi. 8.00 AM	WHITE PLAINS Leader: Steve Baron (228-0555). White Plains again - I'll try to invent a variation on the standard route, but promise the standard Flagship breakfast. If it's cold or slick, call. Leave from the Boathouse, of course.
Sat Jan 5 B-/B/B+	JANUARY DIAL-A-RIDE. During the month of January, when no B rides are listed, call Alinda Barth (718-441-5612 evenings and weekends) if you are interested in a group ride. I will act as a clearing house for those willing to lead a ride and people looking for others to ride with.
Sun Jan 6 A 20-40 mi. 10.00 AM	SPRINGTIME IN JANUARY Leader: Richard Herbin (212-666-2162). Meet at the Boathouse in Central Park. Rich Herbin's secret Central Park training rides are being opened to the General Public for a limited time only. Climbing exercises and speed drills will be performed to relieve the monotony of the repetitive route. The objectives will be improvement of strength as well as fitness. Temperature below 32°F, sloppy roads, or leader's sloth will cancel, so call between 8.30 and 10.00 for confirmation.
Sat Jan 12 A 55 mi. 9.50 AM	CHOWDER AT O'DONOHUE'S Leader: Herb Dershowitz (929-0787). Meet at the George Washington Bridge for a quick ride to a hot and hospitable meal at O'Donohue's. Ride may be lengthened if group decides. If forecast for the high temperature of the day is below $30^{\circ}$ F, ride cancels.
Set Jan 12 T 45 mi. 9.15 AN	STATEM ISLAND END TO END Leaders Roy Lawrence (212-TR7-2292) and Joe Oxnard (718-458-3390). heet at the South Ferry at 9.15 for prompt departure on the 9.30 boat to Staten Island. Bring 25 c for the Ferry. We will traverse the Island from North to South, passing such sights as Sailors Snug Harbor, the view of the Harbor from Ocean Terrace, Richmondtown Restoration, and the small towns in the South. Bring money for lunch at a Pizza and Hero place in Tottenville. Return along the shore. Bring low gears as we will climb both Signal and Todt Hills. Rain, snow in the air or on the road, icy conditions, high winds, or starting temperature below 30°F cancel.

A NEW NEW JERSEY Leader: Doug Blackburn (212-888-0048). Out of disaster oft comes success. My November ride to Hi-Tor State Park in New Jersey had to be curtailed Sun Jan 13 due to rain. As we improvised a cross country route home, we found some previously undiscovered lovely countryside. This has inspired me to scout a new New Jersey route, 55 mi. 8.50 AM which more or less tours the Saddle Brook/River area. Some hills, cold weather stops every hour or so, pretty country. Meet at the GW bridge in time for the 9.00 AM shuttle bus. Sun Jan 13 SPRINGTIME IN JANUARY. See January 6 listing for details. 20-40 mi. 10.00 AM January DIAL-A-RIDE. See January 5 listing for details. Sun Jan 13 B-/B/B+ Sat Jan 19 WESTCHESTER DIAL-A-RIDE Leader: Maggie Clarke (212-567-8272). Call the evening before the ride. Destination and mileage will be determined on the day of the ride. Cancellation policy: 70% chance of rain, snow or sleet, starting temp. below 45°F, winds over 10 mph. Sun Jan 20 COLD CRUNCH Leader: Josh Keller (212-674-0955). Neet at the Boathouse for a fastpaced ride into Westchester. We'll return to the Park by 2.00 PM exhausted, but 65 mi. satisfied. Icy roads or starting temperatures below 100F cancel. 9.00 AH Sun Jan 20 SPRINGTIME IN JANUARY. See January 6 listing for details. 20-40 mi. 10.00 AM Sat Jan 26 WALLS WILD RIDE TO WESTCHESTER Leader: David Walls (H:212-570-6572, 0:212-344-0633). Meet at the Central Park Boathouse for a warming pace to Westchester. The Flag in White Plains if we don't get stuck in snow. 8.00 Al temp. below 30°F, ice or snow 50 mi. 0.00 AN on the roads cancel. DOUBLE A RIDE Leaders: Alex Bekkerman (718-438-4746) and Alan Zindman (212-989-8529). Eeet Alex and Alan at the Boathouse for a ride to at least Haverstraw. Depending on Sat Jan 26 70-100 mi. how the ride proceeds, we may go slightly further. There will be at least one food 8.00 AM. stop. Snow or rain cancel. MYACK - YET AGAIN Leader: Marty Wolf (212-935-1460). Meet at 9.05 AM at PATH Station, SW corner of 6th Ave and 23 St. Train leaves at 9.15 AM. Ride will pass through Sat Jan 26 7G New Milford, Oradell, and will be roughly 42 miles going, 28 miles returning. Return by GWB or Hoboken - your choice. Since weather may be iffy, call Marty 2.05 AK Friday night for last minute status of ride. Sun Jan 27 SPRINGTIME IN JAMUARY. See January 6 listing for details. 20-40 mi. 10.00 AM Sun Jan 27 SOUTHERN NASSAU COUNTY - FIVE TOWNS AREA Leader: Chuck Albert (718-786-2779). Meet at the end of the E/F trains at 179 St. in Jamaica. 8.00 AM temp. below 35°F, 50-60 mi. winds over 10 mph, precipitation, or nasty stuff on the roads cancel.

An A or B or C Ride by Any Other Name ...

9.30 AH

Cast your eyes over the guide lines for rides, ride and rider classification at the beginning of the ride listing. Are you able to successfully fit yourself into the pattern? Did the rides you went on this year conform to these guidelines and classifications? Did you find rides which were comfortably or challengingly paced for you? Were your ride leaders able to give you accurate information that helped you select and successfully complete your ride? As a ride leader or potential ride leader, do you agree with the guidelines and classifications?

If you have questions or suggestions for the club on these elements (riding speeds, classification system, pace determination, successful ride selection) please call or write the following people:

Sara Flowers (212-921-4317/718-544-9168) Irv Weisman (212-562-7298) Doug Blackburn (212-888-0048) Maxim Vickers (212-889-7100/718-728-7179)

These topics will be discussed as the program of the February meeting which will be based on your input and on scientifically determined data from some actual NYCC rides.

Please let us hear from you.



#### Editor's Notes

As 1985 begins, New York Cycle Club enters its 49th year with the largest number of members in its recent history. We'd like to hear from you. If anyone has any interesting cycling stories, anecdotes, furny incidents that happend on rides, favorite restaurants, or any comments you'd like to make and share with others, let me know. Help make your newsletter a personalized organ of communication. I am especially interested in printing original pieces by club members. Anyone is welcome to contribute an article. The best time for turning something in for a particular month's issue would be at the general membership meeting of the previous month. Please write, and let your voice be heard.

--by Roseann Korsa



#### B-Ride Leaders Meeting

January is a cruel month for cyclists. There you sit, staring out the window, and watching your thighs turn to pudding. We can't do anything about the weather, but we can begin to think ahead, dreaming and planning for the new season. So let's get together at my place on Sunday afternoon, January 20, around 3 p.m. and do some serious planning. All B-ride leaders and those thinking of becoming leaders are invited. If you have ever thought about leading a ride, but have not had the nerve to try, come to the meeting and get a pep talk. Leading rides is fun and rewarding. You can go where you want at your own pace. And all of you "Old Faithfuls," who made the 1984 season the fun and success it was-I'm counting on you! I need your help. Call me at (718)441-5612 for directions to my house.

--by Alinda Barth, B-Rides Coordinator



## Wanted: Adventurers and Explorers

Tired of the same old routes? Interested in developing new ones in Upper Westchester, Connecticut, Central Jersey, and on the north shore of Long Island? Then contact Debbie Bell (864-5153) and/or Martha Ramos (858-9142). We would like suggestions for round-trips of 50 to 100 miles. During January and February, we'll be car-scouting any new routes that people wish to learn. If you'd like a ride that is less than 50 miles long, we will try to match you up with others having similar interests. So join us, and have a pre-scouted ride to lead during the regular riding season.

--by Martha Ramos



### Ringing in the New Year

Many thanks to Mr. Franklin Rice, Manager of the New York Health and Racquet Club. During 1984, Mr. Rice gave cyclists more than a hundred bicycle bells. There are still a few more available. If you would like one, call the newsletter editor, Roseann Korsa at (212)549-2034.

--by Bernie Brosk

#### CYCLING SHORTS



Triathletes and road racers have been shaving seconds off their times by trading in their conventional wheels for an adaptation called FAST WHEELS. These are wheels with a reduced number of spokes. The fewer the spokes, the less air resistance and the faster the bike. Ron Boi, Lon Haldeman's bike builder, says the idea of decreasing the number of spokes "until you thought the wheel would fall apart" has been around for about 60 years, The problem was that the wheel usually did fall apart. After 9 years, Boi has developed a radical front-wheel design that cuts the conventional 36-spoke wheel to 12. These wheels feature rigid aerodynamic rims and tires that can take extra pressure. Boi says even his least radical Fast Wheel design, a 24-spoke wheel, can transform an off-the-rack sport bike into a racing machine. Less is more, wrote Mies van der Rohe. It looks as though Boi has proven it. Fast Wheels cost \$299 to \$800 from RRB Cycles, 562 Green Bay Road, Kenilworth, IL, 60043.

Since Steve Sklar got such a kick from the November CYCLING SHORTS item about the Frenchman who ate his bike, here is another --- Cino Cinelli, Italy's foremost framebuilder, and one-time rival to such racing legends as Fausto Coppi and Gino Bartali, ate a bowl of soup "fortified" with iron shavings every day for three years and became known as the "Iron Man" of

Don Passantino tells me actor Kevin Bacon is "Footlose" and peadling free in his upcoming flick QUICKSILVER, about a bicycle messenger operating out of the Wall Street area.

You don't have to live the life of a two-wheeling daredevil to have a bike messenger's heavy duty canvas tote bag. They're just \$20 from Globe Messenger Service, 20 East 45 Street, 212-697-4353.

The big news from the professional circuit is Greg LeMond has turned in his Renault-elf jersey and will be riding the 1985 season on the prestigious La Vie Claire team with French superstar Bernard Hinault, as will Steve Bauer, the Canadian Olympic silver medalist. Alexi Grewal has traded up his gold medal and the Technicolor Pinarello for a European pro contract.

If you want to get a good look at the wild multi-colored Pinarello bike which Alexi sprinted on to beat Bauer for the Olympic gold, stop in at Conrad's Bike Shop. You can also see, at long last, the much advertised Campagnolo Victory & Triomphe recreational component gruppo.

Diff'rent Spokes Bicycle Touring Club is composed of gay men and lesbians from the New York City area. For information contact president Tim Webster, 212-757-7434, 418 West 51 Street, 10019.

Dave Kiefer, a 29-year-old long-distance cyclist, set out from Santa Monica for a trans-continental trip across the US by bike. Seventeen days later, he rolled into New York after averaging 210 miles per day. Kiefer has only one leg.

--by Gregory D'Agostino



#### THE ADMIRALTY SPACE



(where informative, exhortatory, pontificating and frivolous communications from the Rides Desk shall appear regularly)

Happy 1985. We have come a long way since those obscure days when (remember?) the few diehards used to harrass Helga from table to table upstairs at Rinaldo's. In just one year our numbers have doubled to a veritable community of over 500 souls and are still growing. Can you visualize all of us strung out on our bikes in a timepiece-perfect two-abreast formation? Neither can I, though 'tis a fair thought.

This organization is larger than it has ever been. It has also come to encompass a wider range of cycling and other abilities and interests than at any time in its history; from ultra-marathoners to bakery-hoppers, globe-trotters to barstool travelers. Bankers, bureaucrats, beachcombers--we have them all. How can we fit together? Can "A" Riders come up with an event to tickle the "C's" out of their 30-mile cocoon? Can the "C's" entice the "A's" into a laid-back outing? Think-food. Also swimmable and boatable water on a hot summer's day. (Hint: We do not even have to ride there.) If you would like the company of cycle-clubbies in your other pursuits, do not hesitate to advertise. Experience has shown that they come swarming like, er, flies on, er ... Ahem!

But back to our <u>raison d'être</u>. There are no rides without people to lead them, just like there are none without people willing to be led. A well-executed ride is a piece of orchestration with the maestro's baton directing a diversity of fine instruments, a prty where the host supplies the impetus and the physical setting, but where the human chemistry of the assembled guests provides the sustaining energy. Participation. In those very famous words, "Ask not what you club can do for you..." Pull! Pull!!

And on this resounding fortissimo: good luck and good riding towards our fiftieth year!

--by Maxim Vickers, V.P. of Rides

## HINTS FROM



Hello, this is your friend Veloise. Sometimes it's not easy being bike nuts--our families try to disown us, friends avoid us, and total strangers look askance at our chain-stained pants and furny suntans....

You can be a bicyclist and still look respectable, live in a clean house, and boldly venture out in public! Here's how....

If your hands always seem to be advertising your maintenance skills, try this: rub on a thin layer of petroleum jelly before starting, and the grime won't become embedded in your hands.

A quick once-over with a nail whitening stick (sold at the cosmetic counter) will make your hands look clean enough to eat with!

An old patch kit plastic box makes a dandy traveling soap dish. If your away-from-home accommodations don't offer little bars of soap, just cut a slice of a big bar at home....

A drop of shampoo on fresh grease loosens it for easy removal in the wash. Try different brands to see which one works best, then carry a tine squirt-top bottle of it (from an army surplus shop) in your commuter bag. (If all else fails, wear black!)

Don't ever throw away old toothbrushes or old cotton clothes. These are the best things made to clean up your bike.

Bug and tar remover (from the auto supply shop) will clean just about anything off your bike, and it doesn't leave a slippery (and dangerous) residue on your rims.

Nylon netting will scour off mud, grease, and old dirt without harming the paint job....

On the home front, park your bike on a carpet runner. You can get a strip 6 feet by 2 feet in a nice striped pattern for about \$8.00. Sure makes Velo Felo happy when he does the floors....

When you shop for a few small items, use your helmet as a mini shopping bag....

That's all for now, but I'll be back next time with more bikehold hints. If you need some help or have an idea, please send it to me, care of the newsletter editor, Roseann Korsa, 2807 Claflin Avenue, Bronx, New York 10468.

Hugs, Veloise

Reprinted from Bicycle USA, November 1984.

#### JANUARY 1985

## **Club Meeting Program**

- arranged by Sara Flowers V.P. Programs

#### Now We Start Our 1985 Xmas Shopping List!

For many, January is a non-riding month. Some people will be repairing and upgrading their bikes; some will be repairing and upgrading themselves; some will simply turn to other concerns until Spring thaw reminds them of the good roads ahead.

January's meeting will be devoted to some new and some not-so-new bicycles and products for the winter planners and the winter dreamers to consider. We will have a few experts, a few salesmen, and a lot of questioners to look at some new bicycles, new components, and new equipment with their resulting reports to the membership.

From aluminum bikes to skate-bikes (that's a combo of a skate board and a BMC!) to wonder products of the future -- we will consider all things.

So come with your questions and your comments.

DATE : Tuesday, January 8th, 1985.

TIME: 6 P.M. for beer, c

6 P.M. for beer, cocktails, soda, or just plain socializing. 7 P.M. for dinner.

IF YOU WANT DINNER AT THE FIXED PRICE, YOU MUST PURCHASE

IT BY 7 P.M.

PLACE : Alpine Tavern

Downstairs under the McAlpin Hotel 34th Street and Sixth Avenue, southwest corner.

BICYCLE PARKING : Your bicycle is welcome inside.

MENU AND FIXED PRICES (include tax and tip)

Upon placing your order and paying for your dinner, you will be given a color-coded ticket which will be collected when you receive your dinner. Make sure you receive the correct colored ticket.

The \$2.00 surcharge is in effect: If you order dinner after 7 P.M., the price of your dinner will go up \$2.00 to pay for the extra costs involved in preparing a late meal.

Non-diners will be seated apart from the diners so they will not be included in the dinner count. The club pays the restaurant per diner, so any diner not paying his or her tab is "sticking" the club!

## Membership Update by Irene Walter, Membership Director

BRUCE, Diane FANTUS, Karin HERZFELDER, Bob	2130 Broadway #403 2109 Broadway #1520 Century Village West	N.Y. N.Y. Boca Raton, FL	10023 10023 33434	212-877-5235 212-873-5559
ERZFELDER, Janet ACKER, Juliet /ANDEVERE, David	Century Village West 42 W. 70 St. 444 E. 82 St. #4D	Boca Raton, FL N.Y. N.Y.	33434 10023 10028	212-496-8420
NEW MEMBERS:				
BANK, Joseph BEEKMAN, Perry BENNETT, Michael E. BORG, Lisa BROWN, Stuart F.	205 E. 22 St. #5E 242 Lafayette St. #JS 36-19 167 St. #2A 255 E. 23 St. #8E 159 Second Ave. #14	N.Y. N.Y. Flushing N.Y. N.Y.	10010 10012 11358 10010 10003	212-696-5701 212-219-0862 718-939-5602 212-679-1048 212-254-8578
CANTOR, John CLARK, William F. COHEN, Marsha L.	240 W. 98 St. #9G 422 State St. #3 148-09 84 Dr.	N.Y. B'klyn Briarwood	10025 11217 11 <b>43</b> 5	212-666-8119 718-625-6072
DAAS, Henry A., Jr. DeROCCO, Mark R. DeTIERE, Ann DOLINSKY, Bernard DOMINGUEZ, Lyn	23 E. 10 St. #608 43 W. 16 St. #11-H 48 W. 87 St. #A 392 Central Pk. W. 808 West End Ave. #206	N.Y. N.Y. N.Y. N.Y. N.Y.	10003 10011 10024 10025 10025	212-674-3568 212-691-2718 212-580-8570 212-865-9081 212-663-1471
GLIDDEN, Suzannah C. GOLDSCHMIDT, Bernie	320 E. 57 St. #7F 553 Second St.	N.Y. B'klyn	10022 11215	212-755-6116 718-499-0353
HECHT, Kathy J.	220 W. 21 St. #4B	N.Y.	10011	212-807-1436
ITURRALDE, Roberto	191 Willoughby St. #3F	B'klyn	11201	718-624-1587
JONES, Manifred S.	c/o Gibbs and Hill, Inc. 393 Seventh Ave.	N.Y.	10001	
KAPLAN, Karen KURTZMAN, Meredith	392 Central Pk. W. #14G 146 Sullivan St. #20	N.Y.	10025 10012	212-749-1459 212-473-0238
LANDES, Michael LIEF, Lawrence	16 W. 16 St. #PH-N 1793 Riverside Dr. #2D	N.Y. N.Y.	10011 10034	212-242-3330 212-942-6372
MARTÍNEZ, Patricia A.	151-37 18 Ave.	Whitestone	11357	718-767-1238
NEIMAN, Jill D.	471 Henry St.	B'klyn	11210	
OSTERLAND, Laurie	18R Spring St. #1	N.Y.	10012	212-925-7916
POORE, R.W.	10 Copperfield Way Co	onvent Station, NJ	07961	201-898-9267
RAMOS, Janet REED, David REED, Joan RICE, Beverley ROHR, Suzanne ROSS, Elizabeth	64 Clifton Terr. #RB 202 Central Rd. 202 Central Rd. 205 E. 22 St. #5E 595 Mainstreet #513 305 W. 84 St. #4B	Weehawken, NJ Middlebury CT Middlebury CT N.Y. N.Y. N.Y.	07087 06762 06762 10010 10044 10024	201-864-6129 203-758-9389 203-758-9389 212-696-5701 212-223-0891 212-724-2737
SAMANSKY, Abe SCHMERTZ, Donald J. SCHPOONT, Robert SEAR, Shana F. SHEMIN, Susan SILVERBERG, Jeff SOULE, Mary Jane STADLER, Phyllis	520 Westfield Ave. 330 W. 56 St. 632 West End Ave. #5 565 West End Ave. #20B 304 W. 75 St. #14F 315 E. 5 St. #6H 22 E. 21 St. #5F 1124 Third Ave. #3	Elizabeth NJ N.Y. N.Y. N.Y. N.Y. N.Y. N.Y. N.Y. N.	07208 10019 10024 10024 10023 10003 10010 10021	201-857-9465 212-246-4672 212-877-9296 212-799-1406 212-799-2181 212-228-0293 212-473-4146 212-737-4287
TORUN, Nilufer	137-05 83 Ave. #3K	Kew Gardens	11435	718-847-8517
VAN ARSDEL, Beth	250 W. 85 St. #6B	N.Y.	10024	212-595-7042
WAFFENSCHMIDT, John G WARNER, Wendy	. 32-23 47 St. 617 W. 168 St. #7K	Astoria N.Y.	11103 1 <b>003</b> 2	718-626-9835 212-694-8591
ZABSKI, Edward ZARETSKY, Arthur	2 Jewel St. 305 E. 78 St. #1RE	B'klyn N.Y.	11222 10021	718-389-4532 212-288-0687
NEW ADDRESSES:				
BROSK, Bernie KAUFMAN, Richard B. KLEMP, Donald NAPPI, Tony RADERMACHER, June	261 W. 35 St. 250 Riverside Dr. #76B P.O. Box 628 1640 York Ave. #3A 47-13 65 St.	N.Y. N.Y. Bound Brook NJ N.Y. Woodside	10001 10025 08805 10028 11377	212-279-1907 718-899-0905
WALTER, Irene	45 Pondfield Rd. West	Bronxville	10708	212-883-5524 (1
NEW PHONE NUMBER: VICKERS, Maxim				718-728-7179

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## **Board of Directors Meeting**

December 1984 - Minutes Summary

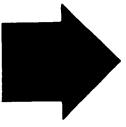
by Alinda Barth

- 1. The Treasurer's report for fiscal 1984 was presented to the Board. (Exact figures are in preparation. The annual financial statement will appear in a forthcoming issue.

  Ed.)
- 2. The Board voted to charge the name of the Goldenrod Flyers to simply "Flyers" since they no longer are the color of the old Goldenrods.
- 3. The Board accepted two additions to the awards categories for the December meeting: Rookie Leader of the Year and Best Contribution to the Bulletin.
- 4. Members of the Board of 1984 discussed the highlights of their offices, reviewed the past year and gave suggestions for the future. Newly elected board members discussed their hopes and goals for the new year.
- 5. The next Board of Directors' Meeting was scheduled for January 2, 1985.

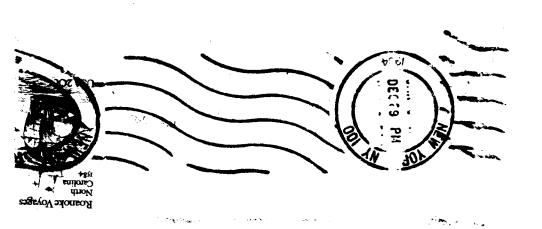
WE'RE 509 STRONG AND STILL GROWING. PLEASE HELP THE MEMBERSHIP DIRECTOR BY RENEWING EARLY. RECEIVING DUES NOW WILL LIGHTEN THE SPRING CRUNCH. THANK YOU.

Please don't forget to renew membership!



Arlene Frimer 345 W 85th St #36 NY, NY 10024

## Pirst Class



David C. Miller 410 East 75 th St. apartment 1-C Jewyork 10021

#### APPLICATION FOR MEMBERSHIP IN THE NEW YORK CYCLE CLUB

As an Y.C.C. member, I accept full personal responsibility for obeying all traffic regulations and for my own safety on the road. I will hold the Club, officers, and ride leaders blameless in case of accident.

NAMES (S)				PHONE	(H)	
					(B)	
ADDRESS	•				APT.	
CITY			STATE		ZIP	
DATE			AMT. OF CHECK		NEW	RENEWAL
WHERE DID	YOU HEAD	R OF N.Y.C.C.?				
OTHER CYL	CING CLU	B MEMBERSHIPS:	(Circle) AMC A	YH LA	W TA	CRCA CCC

1985 membership dues are \$12.00 per individual, \$15.00 per couple residing at the same address and receiving only one newsletter. Mail this application, with a check made payable to the "New York Cycle Club," to:

Other:

NEW YORK CYCLE CLUB, INC. P.O. Box 877 Brooklyn, NY 11202